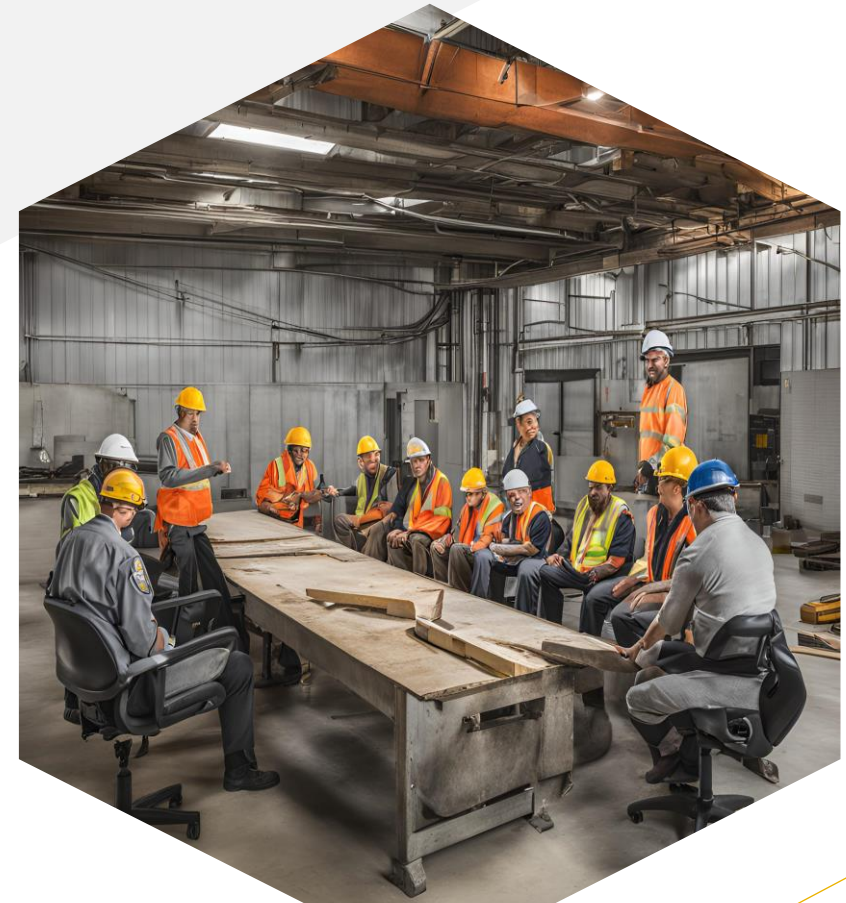




# FORMATION OF AN EFFECTIVE OCCUPATIONAL SAFETY AND HEALTH COMMITTEE

Date : **25 & 26 September 2024**  
Venue : **MEF Academy Training Centre,  
Petaling Jaya, Selangor**  
Time : **9.00 am – 5.00 pm**  
Fee : **RM 1,400 per pax (include SST)**



For registration, you may use the Link  
and the QR Code below:

<https://forms.office.com/r/L98x6E59G4>



For further inquiries, please contact:



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## OBJECTIVES

- To understand the provision of OSH Act 1994 & the Safety and Health Committee regulations 1996.
- Conduct effective safety & health meetings.
- Able to implement effective OSH workplace arrangements

## WHO SHOULD ATTEND

Safety & Health Committee Members

## TRAINER

**JERSON JEROME, OSH Consultant at MEF**, is a NIOSH-certified trainer and a DOSH-registered Safety and Health Officer (OYK-SHO), he has made significant contributions across multiple industries, including manufacturing, forest operations, and palm oil plantations. Jerson's expertise is demonstrated through his leadership in crucial safety initiatives, such as the SOHELP program, where he effectively implemented safety measures across three mills, and his contribution to the SOLVE4SME program, which aimed to improve safety standards in small and medium enterprises.

His a Master's of Environmental Management (Development Planning) degree holder in OSH management awarded by University Malaysia Sarawak. His dedication to enhancing safety in the forestry sector led him to develop the Train-The-Trainer module specifically tailored for forestry operations in Sarawak, ensuring that industry professionals are well-equipped with the knowledge and skills necessary for maintaining high safety standards. Jerson's influence extends beyond industry practice; he actively bridges the gap between academia and industry as a member of the Industry Advisory Board for the Bachelor of Science (Health, Safety, and Environment) program at Curtin University Malaysia. Currently he serve MEF by providing advisory services to MEF members in OSH legal requirement and best practices.

TIME	DAY ONE	DAY TWO
9.00-10.30	PART 1 <ul style="list-style-type: none"><li>• Course Goal and Objectives</li><li>• Introduction to Malaysian OSH administration (brief lecture) and video</li></ul>	PART 4 <ul style="list-style-type: none"><li>• Managing the Committee Meeting</li><li>• Role of members (Role play – roles and functions of committee members)</li></ul>
10.30-10.45	Break	Break
10.45-11.30	<ul style="list-style-type: none"><li>• Introduction to the OSH Act 1994 (brief lecture) &amp; exercise</li></ul>	PART 5 <ul style="list-style-type: none"><li>• Accident Analysis</li><li>• Case study (Team to identify Causes of accident)</li></ul>
11.30-13.00	PART 2 <ul style="list-style-type: none"><li>• Introduction to Safety and Health Committee Regulations 1996 (Brief lecture) &amp; Discuss on current implementation</li></ul>	
13.00-14.00	Lunch	Lunch
14.00-15.30	PART 3 <ul style="list-style-type: none"><li>• OSH Policy</li><li>• General Policy Statement Group discussion</li></ul>	PART 6 <ul style="list-style-type: none"><li>• Hazard Identification Risk Assessment and Risk Control (Team to conduct HIRARC)</li><li>• Emergency Response Preparedness</li></ul>
15.30-15.50	Break	Break
15.50-17.00	<ul style="list-style-type: none"><li>• Exercise on Inspection</li></ul>	<ul style="list-style-type: none"><li>• OSH Promotion and Communication (brief lecture)</li></ul>
17.00	Session Adjourned	Closing