

OCCUPATIONAL SAFETY & HEALTH AT THE WORKPLACE



Date : 5-6 August 2024

**Venue : MEF Academy Training Centre,
Petaling Jaya, Selangor**

Time : 9am – 5pm

Fee : RM1600 per pax

Including SST

**For registration, you may use the Link and
the QR Code below:**



<https://forms.office.com/r/3umw0KKj8M>



Enterprises should have exemplary Occupational Safety and Health (OSH) performance to ensure the protection of all people affected by work activities. Employers should have systems for assessing and controlling risks, aimed at preventing harm to people from work-related incidents and accidents, thereby minimizing absences from work and disruption to processes, services and communities.

The efficient management of OSH risks is best achieved by instilling a safety culture within the organization, adopting a preventative approach, installing effective internal training systems, applying risk management and control principles aligning OSH intervention with other business operations.

The training package is designed to assist employers to understand the basic OSH elements at the workplace. The training package will discuss legal requirements, duties and responsibilities of employers and employees and study the common hazards and how to control them in order to improve the workplace.

OBJECTIVES

With the knowledge and skills acquired at the end of the training programme, *the trainees will be* aware of the work-related hazards associated with the workplace and understand its control measure.

WHO SHOULD ATTEND?

- Human Resources Administrators,
- New member of the Safety and Health Committee

Day 1

TIME	TOPICS
9:00	Introduction to Safety and Health at work Creating the OSH Policy
10:30	BREAK
10:45	Introduction to OSH ACT 1994
11:45	Basic Ergonomics
13:00	LUNCH
14:00	Basic Fire and Explosion
15:30	BREAK
15:45	Emergency Responses
17:00	RECAP

Day 2

TIME	TOPICS
9:00	Trip, Slip and Fall
10:00	Harassment and violence at work
10:30	BREAK
10:45	Continuation of Harassment and violence at work
11:15	Hazard identification, Risk Assessment and Control
12:45	LUNCH
13:45	Safety inspection at the Workplace
14:45	Group Presentation
15:45	BREAK
16:00	Incident Investigation
17:00	CLOSING

ANIS FAHMY BIN PAUZI OSH CONSULTANT - MEF

TRAINER PROFILE



A master's of science degree holder in OSH management awarded by Universiti Utara Malaysia. He started his career with NIOSH Malaysia. His job description includes training, audits, consultancy for industries, private sectors and government agencies. In 2003 he joined Malaysian Employers Federation as an Associate Consultants- OSH and was entrusted to advice member companies of the Federation on OSH legal compliance. His main function includes representing MEF in various technical committee in the Industrial Safety Standard Committee, Department of Standard Malaysia. For the last 17 years he is a member of the technical committee for safety of machinery and technical committee for ergonomics and technical committee occupational setting. He was involved in various publication such as Guidelines on Occupational Safety and Health Act 1994 – published by the DOSH, “*Garis panduan Keselamatan dan Kesihatan Pekerjaan*” – Ministry of Health, Malaysian Standard on Occupational Health and Safety Management Systems ISO 45000 and various industrial standard related to OSH.