



MANAGE YOUR TEAM DYNAMICS

An exclusive 2-day face-to-face course. Venue: MEF Academy Sdn Bhd Time: 9.00am to 5.00pm

Brought to you monthly! Choose your slot and click on the link to register now!

18 – 19 Sep 2024

<https://forms.office.com/r/0d8mwqQfy9?origin=lpLink>

1 – 2 Oct 2024

<https://forms.office.com/r/nTs67efgJL?origin=lpLink>

19 – 20 Nov 2024

<https://forms.office.com/r/B0TDw230J4?origin=lpLink>

9 – 10 Dec 2024

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Effective team dynamics are essential for achieving high performance and fostering collaboration within organizations. This exclusive 2-day workshop focuses on equipping participants with essential knowledge, skills, and strategies to understand and enhance team dynamics. Through interactive discussions, activities, and case studies, participants will explore building cohesive teams, resolving conflicts and fostering a positive team culture.

Who is this course for?

Professionals in managerial or leadership roles, HR practitioners, and Entrepreneurs who wish to enhance their leadership style to better support their team members' development, employee engagement, performance management, and talent development initiatives.

What will you learn in this 2-day workshop?

Day 1 Understanding Team Dynamics	Day 2 Managing & Enhancing Team Dynamics
Module 1: Introduction to Team Dynamics	Module 4: Conflict Resolution
Module 2: Roles and Responsibilities	Module 5: Building Trust and Collaboration
Module 3: Communication in Teams	Module 6: Managing Diversity and Inclusion

Course fee

RM1,600.00

- Get to know these and more!
- How a coaching culture can foster better team synergy
 - The benefits of enhancing your emotional intelligence for personal and professional development
 - Utilizing the power of listening.

Course Delivery: This intensive 2-day workshop involves collaborative learning activities such as discussions, presentations, role-plays and skills practice.

For enquiries:

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****In-house sessions are available upon request. Contact us for a quotation****





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Key Takeaways

By the end of the workshop, participants should have a solid foundation in managing team dynamics and practical tools to enhance their team's performance and collaboration.

Learn the following:

1. Understanding Team Dynamics

Learn what team dynamics are and how they affect team performance and collaboration;

2. Building Cohesive Teams

Clarify individual roles and expectations to enhance teamwork and reduce misunderstandings;

3. Conflict Resolution

Recognize common sources of conflict in teams and learn effective methods for addressing and resolving conflicts constructively;

4. Fostering a Positive Team Culture

Create and maintain a positive and inclusive team culture, and implement effective feedback systems to support continuous improvement and development; and

5. Develop actionable plans for applying workshop insights to your own team.



Your Course Facilitator

Farha Uzaimi is a result-oriented, certified trainer, coach and facilitator with more than 25 years of experience in training and teaching. She has served as the Lead Trainer of HRD Corp TTT for TTT training vendors since 2010. Her recent stint as the Training Manager and Coach at ReSkills EdTech, plus an instructional designer with Petronas ICT, have given her the added advantage in designing, developing and delivering training programs.

Apart from training, Farha has also served in teaching positions such a Language Instructor at various language centers and a Lecturer at private colleges and universities. She has conducted a plethora of HR-related training sessions and English language courses (English for Specific Purpose, English for Speakers of Other Languages, English for Academic Purposes, English for Business Communications) for companies such as PKFZ, Integrated Logistics Solutions Sdn Bhd, IK Academy, and Shell. She has been actively involved in coaching workshops with Corporate Coach Academy, and had conducted 1MGRIP programs, PENJANA programs and Master Trainer Cert IV (TAE40110) Training and Assessment sessions.

Farha has contributed significantly to curriculum development, having been a panel member for NOSS and NCS Z070 for PSMB Certified Trainer, and facilitator for NCS Industry Forward. She has also served on committees and advisory panels for various educational initiatives, including the Diploma in Retail Management. Farha's coaching and mentoring skills have been instrumental in guiding individuals and teams to achieve their full potential.